Adjusting your armrest

**ADJUSTABLE T-ARM WITH PUSH BUTTON ADJUSTMENT**
- Locate button on the outside of arm bar.
- Press button inward to raise/lower arm to one of the five desired heights.

**ADJUSTABLE T-ARM WITH TURN DIAL ADJUSTMENT**
- Locate the height adjustment dial on the outside of arm bar.
- Turn dial clockwise to raise the arm and counter-clockwise to lower the arm to one of the five desired heights.

**ADJUSTABLE T-ARM WITH FINGER TIP ADJUSTMENT**
- Locate the height adjustment below the arm pad.
- Pull the lever up and hold to raise/lower arm to desired height.
- Release lever to lock in place to one of the five desired heights.

**TRIGGER ADJUSTABLE T-ARM**
- Locate the height adjustment lever on the front of the arm bar.
- Pull trigger lever inward to raise/lower arm to desired height.
- Release lever to lock in place.
TRIGGER ADJUSTABLE T-ARM

• Pull up on arm pad to disengage lock.
• Drop arm towards the back of the seat pan.
• Lift arm towards the front of the seat pan to engage lock.

LATERAL ARM PAD ADJUSTMENT

• Simply pull the arm pad inward to your body or push it outward away from the body. 3” of adjustment per arm.

SWIVEL ADJUSTABLE ARM PAD ADJUSTMENT

• Simply turn the arm pad left or right to desired position.
• The arm pad can be rotated 360º.

LATERAL ARM PAD ADJUSTMENT

• Simply pull the arm pad inward to your body or push it outward away from the body. 3” of adjustment per arm.