

Adjustability Understood

We at ergoCentric want to ensure that the adjustment features of your chair are understood. We believe the proper use of these features is critical and will ensure you receive the full benefits of your ergonomic chair.

This booklet was designed to teach you the adjustment features of this chair. Please take a moment to review this booklet. Call us if you have any questions at 1.866 GET ERGO® and ask for a customer support representative.



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USER GUIDE

GET ERGO®

A Healthy Investment, Guaranteed



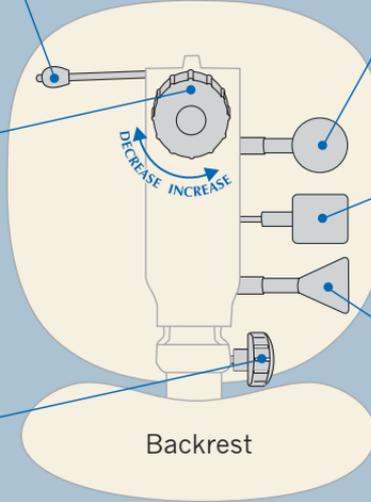
Multi Tilt
Saffron

FORWARD TILT LOCK OUT - To prevent the seat from tilting forward when in the free float mode, tilt the seat pan slightly backward and turn the handle on the left side of the seat clockwise. Turn this handle counter clockwise to allow the seat to tilt forward.

SPRING TENSION - To adjust the spring tension, turn the knob under the front of the seat as indicated in the diagram. The proper spring tension is important for comfort and safety.

BACK HEIGHT - To adjust the back height, turn the knob located at the base of the back bar counter clockwise. Adjust the backrest up or down until the back is at the desired height. Turn the knob clockwise to lock.

Top View



Backrest

SEAT ANGLE / FREE FLOAT - To adjust the seat angle, pull up on the *CIRCULAR* paddle and shift your weight forward or backward until the seat is at the desired angle. Push this paddle down to lock. To free float the chair, pull this paddle all the way up and leave it in the up position.

SEAT HEIGHT - To raise the seat, pull up on the *SQUARE* paddle while raising your weight off the chair. To lower the seat, pull up on the paddle while sitting. Release the paddle to lock.

BACK ANGLE - To adjust the back angle, pull up on the *TRIANGULAR* paddle and hold it in the up position. Lean backward or forward until the backrest is at the desired angle. Release the paddle to lock. When adjusted correctly the angle between your upper body and thighs should be greater than 90 degrees.

