



Ergonomics and Office Furniture Fact Sheet

- * 45% of office workers do not know how to adjust the back height on their office chair.
- * 21% are unfamiliar with the seat height adjustment feature on their office chair.
- * More than 50% are completely unaware of how to adjust the spring tension on their office chair.
- * Up to 50% of office workers are sitting on chairs that don't fit them or are not adjusted correctly.

Source: Herman Miller Inc., 2001.

- * Forty million Americans sit in office chairs every workday.

Source: Lohr, S., "Sit Down and Read This (No, Not in That Chair)," The New York Times (July 7, 1992), pp.D1, D5.

- * People generally work only 60 per cent of the working day, or about 288 minutes. A five per cent improvement would provide 14 minutes of additional productive work per day.

Source: Schneider, M.F., "Ergonomics And Economics: Why ergonomics makes a lot of sense from a dollars-and-cents standpoint and why it may be inevitable because of legislation," Office Ergonomics (May/June 1985).

- * Office furniture intensive employment in Canada will see an overall gain of 20 percent, or approximately 690,000 persons, between 2004 and 2015.
- * Growth in the Canadian office furniture market in 2004 stood at 7.3% in current dollar terms and 3.1% in constant dollar terms (after deducting the impact of higher prices).
- * The estimated Canadian office furniture market value for 2005 is approximately CDN\$ 6.4 billion, up from \$5.9 billion last year.
- * More than 25% of the entire office furniture demand is for chairs.

Source: Aktrin's 2005 report on CANADIAN DEMAND FOR OFFICE FURNITURE AND TRENDS. More information can be obtained at <http://furniture-info.com/106.htm>

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